

# International Student Empowerment Group

Are you an international student who wants to learn how to optimize your experience at Penn?



- CAPS offers a weekly, English-speaking group for undergraduate and graduate international students.
- The group provides a safe and supportive space for international students to share their stories, challenges, and success at Penn.

**When: Tuesdays, 5:00 – 6:00 pm**

**Where: CAPS, 3624 Market Street, 1<sup>st</sup> Floor West**

To register, please visit

<https://caps.wellness.upenn.edu/intlempower/>



**CAPS**  
Counseling & Psychological Services  
UNIVERSITY of PENNSYLVANIA  
215-898-7021 [www.upenn.edu/caps/](http://www.upenn.edu/caps/)

If you have any questions, please contact  
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